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# The Importance of Music in the Spiritual Healthy Education of a Developed Generation in Our Country

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**Abstract:** This article discusses the role of music in the spiritual development of young people and its importance in social life. It also analyzes the measures being taken today to identify these problems.

**Keywords:** music, mind, spirituality, social life, ascension In our country, measures are being taken to form a harmoniously developed generation, to educate young people in spiritual, moral and physical health, to turn them into active participants in the ongoing reforms.

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In our country, a number of measures are being taken to raise the socio-cultural life of young people to a high level, to form them harmoniously. Indeed, "... we are all pleased that the role and influence of our courageous youth in the implementation of socio-political and economic reforms aimed at building a new Uzbekistan is growing" [1,440]. However, "We are all witnessing that the whole world is changing at an unprecedented pace. Along with many positive processes in our social life, the spiritual threats to the hearts and minds of the younger generation are becoming increasingly dangerous" [1,443-444]. So, the philosophical-sociological and socio-political analysis of these problems is one of the most pressing issues today.

The uniqueness of music culture is the specific, intellectual process of knowing its laws and understanding of a work of musical art. The specificity of musical thinking depends on the development of musical ability, as well as the conditions of the musical environment in which a person lives and is brought up.

At the new stage of development of society, the main goal of the ongoing reforms in our country is the formation of a democratic state governed by the rule of law, a free civil society, the understanding of national identity, the restoration of national values and their awareness.

The Eastern theoretical and practical bases and educational essence of music were studied in detail by Abu Nasr Farobi, and the subject of science was studied in a holistic system. His musical-scientific views have been widely covered in more than 160 pamphlets, such as "The Word of Music" ("A Word About Music"), "The Book of Fi-n naqra muzafa ila-l ibqo", "The Book of Music al-Kabir" ("The Great Book of Music").

Turning to this topic, the general philosophical issues of studying the formation of ecological culture at the level of studying musical thinking in the context of social life are primitive and simple: from ancient myths, legends, myths, fairy tales, parables, songs, epics and other examples of folklore, as well as ancient historical writing. The source requires us to look to the Avesto as the main spiritual source in the formation of the ecological worldview in the divine teachings and beliefs, especially in the Qur'an and the Hadith.

If we look at the works of medieval Muslim Eastern thinkers in the fields of literature, poetry, music, calligraphy, oratory, we can see that in Farobi's "Great Book of Music", Safiuddin

Urmavi's "Risolai musiqiy" and Abdulkadir Maroghi's "Jami al-alkhan fi-ilm al-musiq" Ahmadiyya's "Discussion of Words", Zaynullobiddin Husseini's "Law of Narrative Narratives and Practical Music", Amuli's "Musical Treatises" information about serves as an invaluable resource in the development of musical thinking. Also G.Riman, E.Praut, G Katuar, V.M. Foreign scholars such as Belyaev, VA Uspenisky, IV Sposobin, B. Kabalevsky have done significant work in their fundamental research on the concept of musical thinking in music culture, its essence and content.

It should be noted that in recent years there have been a number of research works on the national musical culture and its opportunities for the development of musical thinking of young students, their mental abilities. In particular, the scientific and theoretical ideas of musicologists such as I.R. reaches T. Gafurbekov, A. Khasanov, I. Mamirov, A. Umarov, R. Kadyrov also studied the development of musical thinking and its peculiarities and trends of renewal in connection with the laws of pedagogy. services are great.

It is worth noting that a number of scientists, including K. Ruzmatzoda, A. Kambarov, have published research papers and articles devoted to the scientific analysis of the socio-philosophical, moral-aesthetic, spiritual-enlightenment, pedagogical-psychological bases of musical development in youth.

The process of the role of traditional performance skills in the formation of music in students, as well as the scientific and theoretical substantiation of the work carried out in the field of music culture, defines the following tasks:

- To explain the content of the concepts "Classical music", "Musical culture", "Musical thinking", "Traditional performance";
- Analysis of the connection of youth musical thinking with the spiritual life;
- To reveal the socio-educational role of musical thinking in the spiritual purification of young people, the understanding of national identity;
- The role of traditional performance skills in the formation of musical thinking of young people and the development of theoretical conclusions and practical recommendations on the importance of classical music culture in them.

We have developed the following recommendations for radical reform in this area:

- ✓ Musical thinking and its formation in youth, the relationship of its development with the dynamics of "quantitative" and "qualitative" changes in the spiritual life of society;
- ✓ To reveal the acmeological and humanistic role of the creative environment in the family, innovative education, reading in the formation of youth musical thinking in the development of youth musical thinking;
- ✓ Scientific substantiation of historical and modern determinants of the formation of the spiritual environment in society (the impact of changes in the spiritual, enlightenment, cultural spheres on the generation of knowledge in the musical space) as objective factors in the development of youth musical thinking.

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