
Application of Innovative Technologies in the Process of Formation of Will Qualities

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Abstract: The article deals with the actual problems of formation of volitional qualities in schoolchildren by means of physical education. One of the practical ways to solve this problem is sports games. As part of the implementation of the corresponding model, control measures were taken to control the level of formation of the considered qualities, and the results were presented.

Keywords: physical education, innovative technologies, schoolchildren, volitional qualities, formation.

Introduction. Physical education plays an important role in the development of our modern society, ensures the formation of society and is an integral part of the general culture. Its basis is to allow society to choose its own path towards a positive attitude towards physical activity [1, 2, 3].

The analysis of scientific literature shows that the development and improvement of new pedagogical technologies in teaching physical education is a very important factor in increasing the level of physical activity of schoolchildren [4].

The development of new pedagogical technologies of physical education plays an important role in the formation and development of not only physical, but also volitional qualities of schoolchildren in the classroom and extracurricular activities, showing them such qualities as patience, perseverance, endurance, perseverance.

The solution to this problem should be achieved over time through the improvement of new innovative pedagogical technologies used in teaching physical education. However, due to the insufficient material and technical base of many educational institutions, the promotion and improvement of new innovative methods in teaching physical education is one of the most important tasks of our time [5, 6, and 7].

The author offers the following modern innovative technologies:

1. Multimedia technologies related to the creation of multimedia products: e-books, encyclopedias, computer films, databases. These products include text, graphics, audio, video, animation, and are certainly not a substitute for doing any of the exercises live, but creating custom presentations, sports films, and computer simulations will help students visualize and perform other exercises correctly and without harm. health, to form the right approach to lifestyle [7, 9, 10].
 2. Integrated technology is a relatively new type of innovative technology in which the teacher clearly defines the knowledge, concepts, ideas, and skills that students need to learn, and then uses an interdisciplinary approach to help them direct their activities towards achieving these goals. At the same time, the student develops volitional qualities when performing exercises under somewhat more difficult conditions [11, 12, 13].
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3. Game learning technology is the organization of the educational process in such a way that the teacher involves students in learning activities in the learning process. The method of these innovative technologies can be reflected in the organization of physical education classes. In addition to using mass sports games, the teacher should develop a series of unusual outdoor games that take into account the individual characteristics of each student [14].
4. Group technologies are widely used in the educational process. The technology of group training involves the organization of physical education classes, in which the development of certain exercises is carried out in groups between students in the process of demonstration and communication. The group most often consists of three or more students and can be homogeneous and diverse, mobile or continuous in the nature of pedagogical activity. In a physical education lesson, the teacher divides students into groups depending on their level of physical fitness. Each member of the group is tasked with learning the appropriate physical exercises and teaching hard-to-master students to perform the exercises.
5. The technology of individualization of the educational process is a special kind of innovative technologies that can be used in the field of physical education. This is a type of organization of the educational process, in which the choice of pedagogical means and the pace of learning takes into account the individual characteristics of students, the level of development of their abilities and skills. Its main goal is to ensure that students receive the most effective knowledge in the existing education system.

Conclusions. In a word, every innovative method that can be applied in physical education and mentioned above has the right to be widely used. While some methods have been useful to teachers and students, others have not gained wide popularity due to their complexity. Therefore, the main goal of research in this area is to study all the components of innovative methods and determine their place in the system of physical education and sports. The development of new methods of innovative technologies related to pedagogical technologies, which will significantly improve the modern education system, is another important step in the development of education in our country.

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