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## Educational Process and Factors of Professional Self-Education in Higher Education Institutions

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**Abstract:** In the current context of globalization, the urgency of cultivating loyalty to the national idea, feelings of patriotism, high spiritual and moral views, the formation of ideological and spiritual immunity in a wide range of people, especially young people, is growing. Because in the world, information attacks, ideological and spiritual threats under the guise of popular culture are growing.

**Keywords:** Society, independence, development, modernization, education.

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Spirituality is a powerful force in protecting our country and our youth from such ideological and spiritual attacks and evil forces. Educating our youth in a high spiritual and moral spirit, forming in them a sense of spiritual courage is an important factor in protecting them from various ideological and spiritual threats.

Courage is a spiritual and moral phenomenon that shows that everyone has reached a high level of maturity. It is a category of spirituality, which means the protection of the interests of man, including our youth, the society and its members, the preservation of independence, its further strengthening, dedication to a particular task, the full mobilization of all forces and capabilities.

Our state has always made the task of educating an educated and intellectually developed generation, which is the most important value and decisive force in achieving the goals of democratic development, modernization and renewal, one of its main priorities.

A person without proper education cannot provide quality education, cannot work with a child without professional training, cannot form high level of student spirituality without high moral qualities, high spirituality. This is an undeniable fact. In our country, attention is paid to educational work at the level of state policy. In particular, indifference to the upbringing of the younger generation is tantamount to indifference to the future of the nation.

The sciences (history, philosophy, pedagogy, psychology, literature, physiology, etc.) that directly or indirectly study man, enrich the theory and history of education and its methodological and practical aspects, humanize social life, strengthen its moral basis, national ideas and national ideology. The main task of our national pedagogy is to show human strength, spiritual and intellectual potential, to bring up a perfect person through the appropriate conditions for happiness.

Human development is based on a combination of upbringing, self-education and professional self-education. One of the urgent tasks of today is to cultivate professionals who are interested in their profession, enthusiastic and especially kind. Professional self-education of future professionals is a complex process that continues uninterrupted, primarily due to the correct choice of profession.

The problem of education, self-education and, on this basis, professional self-education has been in the focus of attention of our great scholars and philosophers, pedagogues, psychologists at all stages of the development of human society.

The views of encyclopedic scholars - Abu Nasr Farabi, Muhammad al-Khwarizmi, Abu Rayhan Beruni, Abu Ali ibn Sino, Mahmud Qashqari, Yusuf Khas Hajib, Alisher Navoi, Abdullah Avloni and others on the education of the perfect man and its essence are still relevant today.

The great scholar Abu Nasr al-Farabi said, "Everyone should know his profession perfectly. In relation to people, the primary basis that unites them is humanity. That is why people have to live in equality because they belong to the category of humanity".

In this regard, Abu Ali ibn Sina, the father of the Law of Medicine, emphasized that the work of a sane and sane person will always be blessed.

We see that the first ideas about education, professional self-education are reflected in the Avesto. In particular, it is said, "In order to create goodness and kindness, one must work tirelessly and create blessings with one's own hands." Pedagogical scientists directly involved in the problems of education and self-education A.Ya.Aret, A.A.Bodalev, A.G.Kovalev, A.I.Kochetev, S.O.Orynbaev, L.I.Ruvinsky, M. G. Taychinov and others scientifically substantiated the essence of "separation from education" of self-education.

A number of pedagogical scientists R.S.Garifyanov, H.I.Ibragimov, L.I.Ruvinsky, V.I.Selivanov, V.A.Slastenin, E.N.Shiyanov and others in their researches on self-education and personality "I The social, mental, physiological processes that express the principles, laws and internal mechanisms of the formation of the mind and its consistent connection with professional self-education are studied. At the same time, it has been found that as a person's process of professional self-awareness improves, his or her sense of humanity becomes so strong and stable.

Today, in an environment where the training of mature professionals is becoming an increasingly social necessity, it is important to decide on a new approach to professional self-education of the future teacher, that is, to achieve the technologicalization of this process. Especially in these conditions:

➤ The future specialist should not become an ordinary executor of the process of vocational training. In this process, the student is able to actively participate with their independent thinking, initiative, creative research and set new tasks for themselves;

- to enrich his theoretical knowledge on the basis of constant study of scientific and educational sources on the secrets of his profession;
- In the process of educational work on professional practice it is important to clearly define the goals and objectives of educational work on relevant topics, to be able to design this process and justify its essence in the technology of educational work on professional activities.

In this process, the student's self-analysis and timely correction of mistakes and shortcomings leads to the formation of positive qualities in relation to the profession. self-education and professional self-education are increasingly combined and serve the development of national education. There are such professionals in life that it is difficult to imagine them in another job and in another profession.

The more one strives to explore the world, the more one discovers oneself. It is this quality that is associated with professional perfection and the pursuit of perfection.

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